

REGIONAL SUPER LEAGUE RULES - HOCKEY

Note: The rules are constantly reviewed and may be amended by the RSL Commission at its discretion.

1. Duration

- 1.1 The game will consist of 2 x 35-minute halves, with a minimum five minute half time and a maximum ten minutes. (To allow watering of wet pitch where determined by the TD/TO) The teams are required to be ready to resume the game two minutes prior to the conclusion of the half time break.
- 1.2 Each interval of play shall be ended by a siren, bell or horn; however the umpire's whistle indicates the official end of each half.
- 1.3 Local Venue rules to be adhered to according to time allocations.

2. Goal Scoring

Goals shall be awarded as per the current rules of the game as determined by FIH.

3. Premiership Points System

7.1 The premiership points system will be as follows:

	RSL rounds	GVHA A Grade	CVHA A Grade
Win	4	3	3
Draw	2	1	1
Loss	1	0	0
Forfeit	0	0	0

* See RSL Operations Manual point 3.4 for points allocation re: Cancelled or Interrupted Matches

- 7.2 If two or more teams are on equal points at the completion of all the round games, their position will be decided by:
 - (i) number of matches won
 - (ii) goal difference;
 - (iii) goals for

4. Permitted Team Players Per Game / Substitutions

- 4.1 Sixteen (16) registered players are permitted to play in each of rounds
- 4.2 All players and officials not permitted on the team bench for a match must leave the field, for the duration of the game, when teams are called in by the TO (approx. 10 minutes prior to start time)
 - Refer to the FIH Rules of Hockey for substitution procedures.

5. Injury

To ensure minimum stoppage time during play for RSL matches:

- 5.1 If the physiotherapist, manager or some other person from the bench is required to enter the pitch, the player must leave the field for a minimum of at least two (2) minutes (able to be replaced) In respect of a goalkeeper up to two minutes will be allowed for injury treatment on the pitch.
- 5.2 A player unable to be moved should be taken off the field by stretcher for treatment.

6. Blood Policy

- 6.1 In the case of injury to a player which results in bleeding, the player in question shall be removed from the field for treatment until such time as the bleeding has ceased and no blood is visible on the player or player's clothing. This policy follows FIH interpretations.
- 6.2 It is the **Team Manager's** responsibility to ensure that any blood spilt on the playing surface by a team member, is washed off with warm water containing household detergent/disinfectant and washed down with cold water.
- 6.3 The Host Venue is to ensure that all equipment including disposable rubber gloves is available for all persons attending to a blood spill.

7. Suspensions

- 7.1 A penalty card system will operate during the RSL and shall be recorded on all match sheets and on the electronic data base.

Green Card		Serves as a warning
2 nd Green Card in same match	Upgrade to yellow	Temporary suspension – minimum 5 minutes
Yellow Card		Temporary suspension – minimum 5 minutes
2 nd Yellow Card in same match	Upgrade to red	Immediate suspension from current match
3 Cumulative Yellow Cards		1 match suspension and decision re: expulsion from competition by TD /UM
Red Card		Immediate suspension from current match and the following match. Decision re: expulsion from competition by TD /UM
2 Cumulative Red Cards		Automatic expulsion from competition

NB: A person issued with a Red Card shall not remain within the playing facility or its surrounds. Refer to FIH Rules.

- The player penalties are automatic and are to be served in the following RSL match.

- 7.3 The Tournament Director/ Assistant TD also has the power to issue green, yellow and red cards as deemed necessary and may suspend, without appeal, a player, coach or team official for one match.

- 7.4 Where the TD/ATD reports and suspends a player, coach or team official for more than one match, that suspension may be subject to review, which shall be subject to **Rule 4.2 "Application for Review"**



7.1 The Tournament Director, and in his absence, the Assistant Tournament Director, is responsible for informing the offending participant through the team representative, of the suspension.

9. Use of Synthetic/Composite Sticks

The use of synthetic/composite sticks is allowed, however sticks containing metal shall not be allowed.

10. FIH Rules

All other current FIH rules will be retained